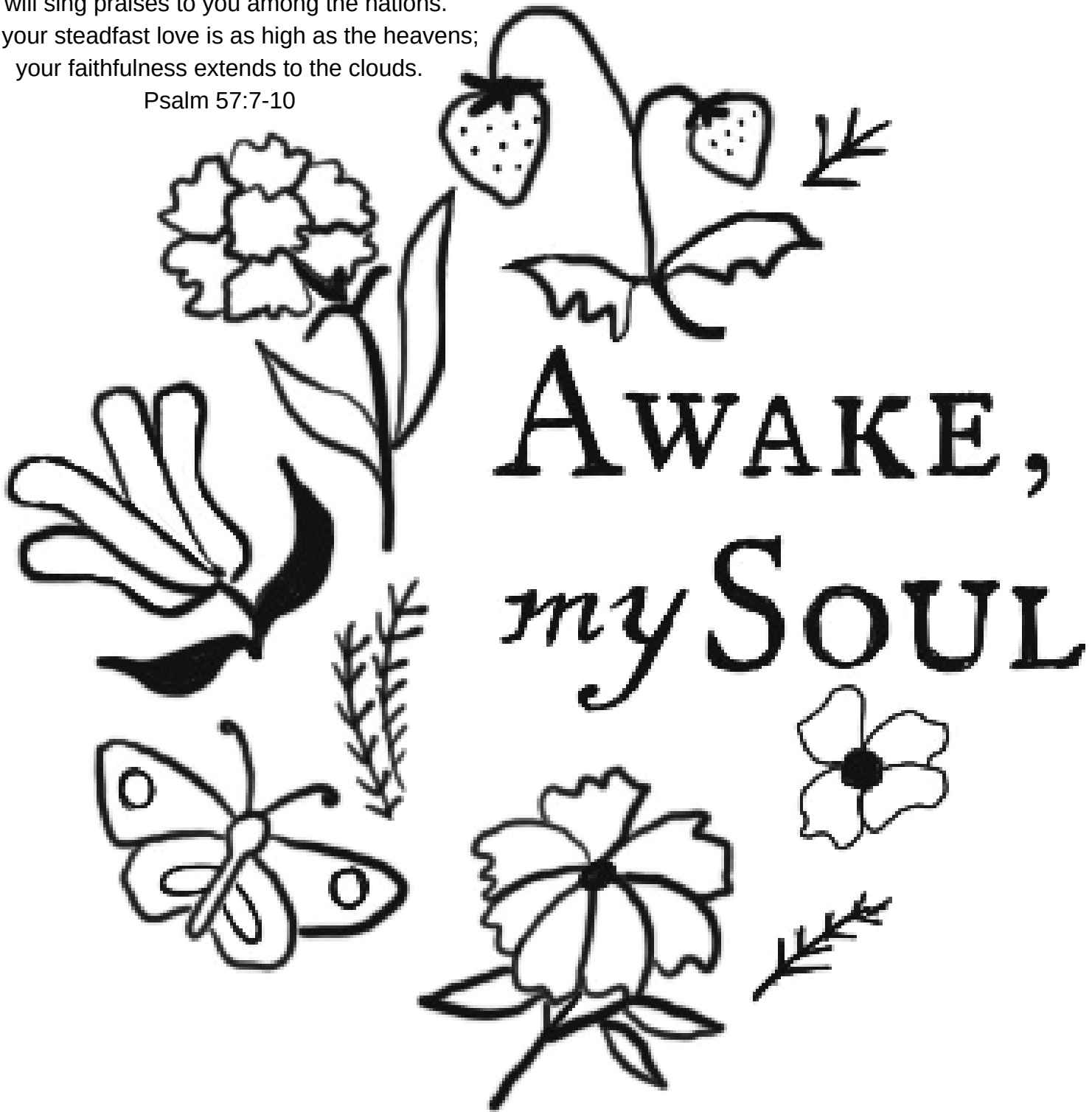


My heart is steadfast, O God;
my heart is steadfast.
I will sing and make melody.
Awake, my soul!
Awake, O harp and lyre!
I will awake the dawn.

I will give thanks to you, O Lord, among the peoples;
I will sing praises to you among the nations.
For your steadfast love is as high as the heavens;
your faithfulness extends to the clouds.

Psalm 57:7-10



This year, we come into Lent under the theme of "Awake, my soul." Worship, service, prayer, scripture study, and love: these are active ways we are called to get up and live our faith in the world. We can wake up, take action, and be empowered together!. As you practice daily, color in a part of this image to keep track. Image by Amanda Beller.