

Racial Autobiography

In his book, “How to Fight Racism” author Jemar Tisby invites readers to explore one’s racial identity by writing a Racial Autobiography. Tisby offers the following questions to guide your reflection and writing.

- What is my earliest memory of race?
- Have I had any negative experiences associated with my racial identity or that of someone else?
- When did I start growing racially conscience?
- From whom or in what period in life did I learn the most about racial diversity?
- Can I describe the different stages of racial identity development I’ve gone through, and what made me aware of each?
- What concerns me about my racial past? What encourages me about my racial past?
- Why do I do racial justice? What is its purpose for me? For others?
- When I think about the future, what do I want to be true about myself when it comes to race and racism?
- How can I actively fight racism today?
- What will I do differently in light of what I have done before?

