

If you want your life to change...to be more rewarding...to be on target, then you can do it with just one word. Simplify your life and work by focusing on just one word for this year. That's right! One Word creates clarity, power, passion and life-change. Simply put, One Word sticks. There is a word meant for you and when you find it, live it, and share it, your life will become more rewarding and exciting than ever.

e th	e three-step process to identify and live out your one word.
1.	Prepare Your Heart – Get away from the noise and distractions of life, and create an environment to look inward, quiet your mind, and really listen to your heart. Then ask yourself these three questions: a. What do I need?
	b. What's in my way?
	c. What needs to go?
2.	Look Up – Once you've prepared your heart, spend time in prayer and scripture. Ask God to reveal your word to you with this question: "What do you want to do in me and through me?" Once you discover your word, write it down and tell a loved one.
	a. My Word

One Word was inspired by the book, One Word that will change your life, by Jon Gordon, Jimmy Page and Dan Britton. Additional resources online: getoneword.com

and why the word is significant to you. Live your word for the remainder of the year!

3. Live Your Word – Keep your word front and center in your life. Write down three things you will do to make sure you have regular reminders of your word. Share your word with at least three people