



# On Target

## Living Life on Purpose

King David of ancient Israel, wrote, “Show me, Lord, my life’s end and the number of my days; let me know how fleeting my life is” (Psalm 39:4). Our time is limited so it’s important to live a focused life. A life that matters, a life of significance. Use the following questions to help focus your passions and motivations and then write your personal “On Target” sentence.

1. If I could accomplish one thing in my life, what would it be?
2. What are my deepest values? What matters most to me?
3. If I could get a message across to a group of people, who would be those people be? What would be my message?
4. What I am doing when I feel most alive, being completely authentic?
5. What do I need most in my life right now?
6. Who or what inspires me most? What about them inspires me?
7. What specific activities have I done in a past or current joy that I really enjoy of find engaging?
8. Assuming all my needs are met, how would I choose to fill my time?
9. What inspires me about the future?

Take your answers to the above questions and write one sentence that states who you are and what you aim to achieve. This is your “On Target” statement! Some examples:

- A mother raising kids who are happy, humble, and Christ-centered.
- Fighting to preserve the union and free slaves. (Abraham Lincoln)
- A teacher who brings out the best in students and helps them live for things greater than themselves.
- Living as if I were to die tomorrow and learning as if I were to live forever. (Mahatma Gandhi)
- A follower of Jesus, creative thinker and motivated to help the hungry.
- I want to be the living expression of God’s kindness. (Mother Teresa)