Wellspring contemporary worship

CONSTRUCTIV CONVERSATIONS





September 27, 2020

Live Streamed at 11:10 a.m.

SharingTheHeart.org/Wellspring

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Conversations can be tough. Whether a spouse, a friend, a coworker, or anyone in today's highly charged social and political environment, we often don't know what to say or how to talk well with others--especially with people whose backgrounds differ from our own. The series Constructive Conversations will address why conversation has become such a challenge in the 21st century and perhaps the most-needed spiritual practice of our individualistic age.

Conversation is like the working of the human body. Bodies are wondrous symphonies of diverse, intricate parts striving for our health, and our health suffers when these parts fail to converse effectively. Likewise, we must learn to converse effectively with all people so we can embody Christ together in the world. In community and through constructive conversations, we learn what it means to belong to others and to share a story that is bigger than ourselves.

Whether you're looking to improve your relationship with your spouse, navigate difficult conversations at work, or connect on a deeper level with friends and family, this series will deliver simple, practical, biblically proven techniques for improving the conversations in your life. We look forward to worshiping and growing alongside you in faith and constructive conversations.

> First United Methodist Church 315 N. Church St., McKinney, TX 75069 972-562-8556



We want to organize a study group to consider issues related to living life fully in retirement. We are looking for those seeking a spiritual path to include doing inner work to face our concerns about aging, finding our unique paths to grateful and joyful living with purpose, navigating life's transitions with grace, harvesting wisdom from life review, and facing our mortality.

The study group may read books on the subject, invite speakers, and watch videos on topics related to retirement and aging from an emotional, spiritual, psychological and medical perspective, and meet regularly to share ideas and support each other.

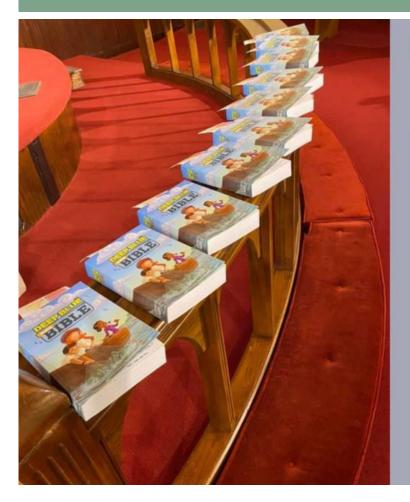
Activities might include researching and planning how to repurpose our talents - as volunteers, artists, teachers, writers, public speakers or other ways of contributing to our church and community. Projects may include writing one's personal spiritual autobiography, their personal Credo, or adopting a personal program to grow in spiritual practice and wisdom. Some may want to adopt core practices such as meditation, journaling, spiritual companionship, learning to pray, and to draw increasing strength and inspiration from learning to experience the reality of divine presence.

LET US KNOW!

If you would be interested in meeting to organize and plan such a study group, please contact Tom Kirwin or Dr. Don Renshaw. Leave your name, phone number and email address, along with your comments and suggestions. As soon as we determine how much interest there is, we will contact you with information about a virtual or live kickoff meeting.

Tom Kirwin tjk3d@yahoo.com 214-293-7344 Dr. Don Renshaw donrenshaw1@gmail.com 214-707-4947





Our 3rd Graders Received Bibles!

Pray for these children and their families!

Grace Marie Anderson Margaret Ann Baker Dylan James Bjork Carson Rebecca Boling Beckett Christopher Botello Owen Carter Brown Connor Clay Christensen Cooper Clifton Christensen Colton Cooley **Emily Lynn Dempsey** Tessa Marie Di Chiara Adelaide Helene Dorff Mallory Marlene Duncan Raylan Turner Eckenrode Joshua Thomas Enright Hope Katherine Ford Clayton James Fulenchek Sebastian Xander Garza Chloe Michelle Garza Collier Ward Hammon Evaleigh Naomi Hathcote Graham Jackson Addison Rachel Jeanes

Clara Ann Langsdale Alexis Marjorie Jane Marsh Crawford James McWilliams Andrew Corrigan Miller Heike Elm Mott Brynn Elizabeth Novich Morgan Ruth Olive Mason James Olive Sarah Elizabeth Rains Grace Katherine Russell Luke Alan Russell Rebecca Russell Sailor Elizabeth Shipley Ryder Bryson Smith Jacob Monroe Sokolewicz Charlotte Adeline Street Alauna Taylor Brynlee Marie Turner Olivia Paige Turner Derek Jackson Wade Bryce A. Wiklund

Cullen E. Jenkins

Constructive Conversations: In Their Shoes

Consider the following questions:

- 1. What are some obstacles that get in the way of you having constructive conversations with others?
- 2. Out of your list, select the one obstacle that seems to occur most often. Why do you think this obstacle continues to be a challenge in your conversations?
- 3. Read 1 Corinthians 12:12-27.
- 4. Consider your body for a moment. What would happen if a part of your body was not functioning properly?
- 5. As Christians we are called to be "the body of Christ." What happens when the body of Christ is not functioning well together?
- 6. Consider again your main obstacle to conversations. How might things change if your conversations were based on the reality that those you are talking with are a part of the same body...taking on the mindset that we are in this together?
- 7. Read Ephesians 4:29-32.
- 8. What parts of this scripture "speak" to you?
- 9. Look again at verse 29. What criteria should we have when speaking?
- 10. Before your next conversation, especially the challenging ones, remind yourself that we are to be the body of Christ and our words should be helpful and build others up.
- 11. Spend time in prayer.

Sermon Notes



"Like" our Facebook page and be sure to check-in online! For every new "like" and "check-in" we receive, we will provide three meals to hungry kids!

That's right! Your simple check-in helps spread the word about Wellspring and feeds kids. This is a simple click of the button that can have a big impact. Scan the QR code with your smart phone camera to be taken to our Facebook page.

KEEP IN TOUCH -

For the latest news and events, view or subscribe to the weekly church email newsletter, "The Echo," at SharingtheHeart.org/Newsletter.



Follow First UMC McKinnev on Social Media

Facebook.com/FUMCMcKinney Instagram.com/FUMCMcKinney Twitter.com/FUMCMcKinney



TEXT TO GIVE

Text FIRSTUMC to 73256 to make your tithes and offerings by text.

Standard text messaging rates may apply

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Melissa UMC, Rev. Stacey Piyakhun stacey@melissaumc.com

PRAYER REQUESTS



IN OUR PRAYERS

- † The Crabtree and the Boggus Family on the loss of Linda Crabtree's nephew Austin Boggus
- Alicia Bankert
- Bill Bunting
- **Bruce Cochrane**
- Carl and Margaret Edwards
- **Charles Whatley**
- Craig Edwards
- David Franck
- Debra Duffy
- Doug Wilson
- Gaither Day
- Geoffrey Ammeter
- **Grant Pollard**
- Harold and Jan Richardson
- Jan O'Reilly
- Jeremy Michaels John Lyle
- John Nicks
- Jon Day
- Judy Cox
- Lawrence Lowe
- Lorraine Brown
- Mary Purtle
- Mary Tuggle
- Rosie Manus
- Stachia Hicks
- Tina Cristino
- Vi Rentz
- Wyatt Skaines
- Rev. David and Cindy Ceballos, Missionaries in Panama
- Chad & Nancy Bradley, Missionaries in Ethiopia
- · All our members in care facilities
- Everyone affected by the Coronavirus
- Families experiencing job loss
- Those experiencing homelessness

- · Grace Children's Hospital in Haiti
- Melissa United Methodist Church
- Caldwell Elementary School
 - Military service members including: Capt Scott Adler, Capt Libby Adler, Sofia Lerma Alarcon, 1st Lt Joe Beeby, Marc Belo, CPL Matthew Broker, CTI2 Abigail Burns, CPT Aaron Bush, CPL Bradley Bush, AFC Drew Causey, 2nd Lt Vincent Chavez, Capt Ryan Clark, PFC Paul Confalone, Sgt Martin Damian DeLeon, GY Sgt Jim Ellsworth, Kevin English, Patrick English, James Evans, Lt Col David Faulk, PFC Cody Furstenberg, Charlie Gilbert, LC CPL Robert Gray, ETN2 Cory Halberstadt, CPT Josh Hewett, Pvt John Wesley Holder Jr., LT Mark Jbeily, Lt Col Jim Johnston, Ryan Kidd, Avery Montana Krast, Lt Ryan Lubin, Alec Mack, Lt Logan McQuerry, Maj. Richard Milam, Chap MAJ Tim Shepherd, Maj Chuck Miller, AFC Kevin G. Persons, Jr., MSGT, SFC Tyler Renshaw, 2nd Lt. Austin Rine, Bobby Sanders, SR4 Nick Schofield, Colby Seamster II, Jonathan Spiegal, CW2 Ryan Thurgood, Mark Townson, Specialist Zach Vernier, CPL Mike Wilkes, Jose Almaguer, SPC Blake Robertson.