

Wellspring

CONTEMPORARY WORSHIP

REFOCUS 2020

PRAY FOR A CHANGE

August 16, 2020

Live Streamed
at 11:10 a.m.

SharingTheHeart.org/Wellspring

Follow us on social media



@WellspringFUMC

We started 2020 off with a series called *Life on Purpose*, learning about how to live with real intentionality. At that time, no one could have imagined we would be dealing with a pandemic, which has consumed so much of our thoughts, time, energy and efforts. If you are like many others, your 2020 is not where you thought it would be at this point. That's why we're going to Refocus 2020.

During the *Refocus 2020* series, we will learn how to refocus our heart, head and hands in order to finish out 2020 strong. We will discover practical and tangible ways to center our lives on Christ and live with intentionality no matter what we may be facing in life. You will be inspired to refocus on the things that matter the most and take action to grow in the love of Jesus. This year is not what we expected, but we will be renewed and ready to finish the year strong as we refocus on God!

First United Methodist Church

315 N. Church St., McKinney, TX 75069 972-562-8556



**school
supplies**

FOR CALDWELL

Backpacks
&
Supplies

**You can get a child
a backpack!**

**You can support a Caldwell
student with school
supplies!**

**Visit our website for
details about the supplies
and how to donate!**



**Join the RACE FOR GRACE team and
bring hope to the children in Haiti!**

JOIN THE 2020 VIRTUAL RACE FOR GRACE TEAM!

Due to restrictions related to the COVID-19 pandemic, Race for Grace (and Hotter 'N Hell) are going virtual.

Instead of participating in a large group race, each person will ride (or run, walk, swim, etc.) on their own or with their family and post pictures online of their "race."

Together, we can raise much needed funds to help Grace Children's Hospital and International Child Care keep the children of Haiti happy and healthy!

Refocus 2020: Back to School

It's Back to School Sunday! School is all about growth...growing in knowledge, in relationships, in maturity, and more. John Wesley was an 18th century Anglican priest who started the Methodist movement. He knew the importance of growth, specifically growing in faith. He traveled around England and the American colonies starting groups that were very organized, structured, and methodical. This practice of Christianity became known as Methodist.

The "Methodist" small groups used a set of "growth" questions to push past circumstantial issues in order to discuss the condition and concerns of the heart and help people develop a Christ-centered rhythm of life. These questions are still useful today to help the individual and groups grow in Christ. Take some time to consider the questions and even invite a friend or family member to go through them with you.

1. How is it with your soul?
2. Am I consciously or unconsciously creating the impression that I am better than I am?
3. Am I honest in all my acts and words, or do I exaggerate?
4. Do I pass on to another what was told to me in confidence? Can I be trusted?
5. Am I a slave to dress, friends, work, or habits?
6. Am I self-conscious, self-pitying, or self-justifying?
7. Did the Bible live in me today? Do I give it time to speak to me every day?
8. Am I enjoying prayer?
9. When did I last speak to someone else about my faith?
10. Do I pray about the money I spend?
11. Do I get to bed on time and get up on time?
12. Do I disobey God in anything?
13. Am I doing something that I feel uneasy about in my conscience?
14. Am I defeated in any part of my life?
15. Am I jealous, impure, critical, irritable, touchy, or distrustful?
16. How do I spend my spare time?
17. Am I proud?
18. Is there anyone whom I fear, dislike, disown, criticize, hold resentment toward or despise? If so, what am I doing about it?
19. Do I grumble or complain constantly?
20. Is Christ real to me?



“Like” our Facebook page and be sure to check-in online! For every new “like” and “check-in” we receive, we will provide three meals to hungry kids!

That's right, you simple check-in helps spread the word about Wellspring and feeds kids. This is a simple click of the button that can have a big impact. You can scan the QR code with your smart phone camera to be taken to our Facebook page.

KEEP IN TOUCH

For the latest news and events, view or subscribe to the weekly church email newsletter, "The Echo," at SharingtheHeart.org/Newsletter.



Follow First UMC McKinney on Social Media

Facebook.com/FUMCMcKinney
Instagram.com/FUMCMcKinney
Twitter.com/FUMCMcKinney



TEXT TO GIVE

Text **FIRSTUMC** to **73256** to make your tithes and offerings by text.
Standard text messaging rates may apply

CONTACT INFORMATION

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PRAYER REQUESTS



IN OUR PRAYERS

- Andrew Louis Schuler
- Areta Pletcher
- Britnee Olivares
- Bruce Cochrane
- Carl and Margaret Edwards
- Craig Edwards
- David Franck
- Debra Duffy
- Fatima Rodriguez
- Gaither Day
- Geoffrey Ammeter
- Grant Pollard
- Henry Wade Miller
- Jan O'Reilly
- Jill Rogers
- Johnny
- John Lyle
- John Nicks
- Jon Day
- Judy Cox
- Karen Mowery
- Lorraine Brown
- Marcos de Souza Lima
- Maria de Nazare
- MaryAnn and Rod
- Mary Patridge
- Mary Pentecost
- Mary Purtle
- Michelle Rios
- Rob R
- Stachia Hicks
- Tina Cristino
- Vi Rentz
- Rev. David and Cindy Ceballos, Missionaries in Panama
- Chad & Nancy Bradley, Missionaries in Ethiopia
- All our members in care facilities
- Everyone affected by the Coronavirus
- Families experiencing job loss
- Those experiencing homelessness
- Grace Children's Hospital in Haiti
- Melissa United Methodist Church
- Caldwell Elementary School
- Military service members including:
Capt Scott Adler, Capt Libby Adler, Sofia Lerma Alarcon, 1st Lt Joe Beeby, Marc Belo, CPL Matthew Broker, CT12 Abigail Burns, CPT Aaron Bush, CPL Bradley Bush, AFC Drew Causey, 2nd Lt Vincent Chavez, Capt Ryan Clark, PFC Paul Confalone, Sgt Martin Damian DeLeon, GY Sgt Jim Ellsworth, Kevin English, Patrick English, James Evans, Lt Col David Faulk, PFC Cody Furstenberg, Charlie Gilbert, LC CPL Robert Gray, ETN2 Cory Halberstadt, CPT Josh Hewett, Pvt John Wesley Holder Jr., LT Mark Jbeily, Lt Col Jim Johnston, Ryan Kidd, Avery Montana Krast, Lt Ryan Lubin, Alec Mack, Lt Logan McQuerry, Maj. Richard Milam, Chap MAJ Tim Shepherd, Maj Chuck Miller, AFC Kevin G. Persons, Jr., MSGT, SFC Tyler Renshaw, 2nd Lt. Austin Rine, Bobby Sanders, SR4 Nick Schofield, Colby Seamster II, Jonathan Spiegel, CW2 Ryan Thurgood, Mark Townson, Specialist Zach Vernier, CPL Mike Wilkes, Jose Almaguer, SPC Blake Robertson.